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# 2023 Annual Report

## Metro Crisis Coordination Program (MCCP)

Prepared for the  
Metro Regional  
Crisis Planning  
Group  
(MRCPG)



MCCP coordinates the collaborative effort between the seven metropolitan counties of Anoka, Carver, Dakota, Hennepin, Ramsey, Scott, and Washington, and serves as the single point of entry in which children and adults with IDD and their support teams access crisis services. MCCP also serves individuals who receive funding through a Community Access for Disability Inclusion (CADI) Waiver.

**WHAT DO WE OFFER?**

- Coordination of the admissions and discharges to 11 crisis homes (44 beds) throughout the metro area.
- Technical assistance through short-term involvement of up to 90 days for the provision of behavioral assessment, considerations, and trainings to individuals and their caregivers to help prevent or address undesirable/interfering behaviors.
- Crisis support planning.
- Staff Augmentation services.
- Potential for a one-time psychiatric consultation.
- Host of the Residential Openings List ([www.mnopenings.org](http://www.mnopenings.org)), a website listing the residential openings within the state for individuals with intellectual disability and/or related conditions.
- 24-hour crisis phone support.
- Facilitate with the referral process for Specialized Services provided by the MN DHS/Metro Mobile Team – Community Support Services (CSS).
- Provide trainings to group homes, schools, day programs, county agencies, parent support groups and other professional organizations. The trainings are ideal for new staff, skills refreshers, staff training days and staff meetings.

*It is the intent of the participating counties to provide a crisis safety-net range of services. These services are intended to meet the needs of individuals experiencing a crisis by providing and facilitating immediate and cost-effective services which focus on preventative measures.*

*MCCP provides and facilitates preventative and emergency behavioral supports, and strives to promote relationship-based, cost-effective services that preserve and maintain people in their natural residential and work/educational settings.*

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**HOW DO I MAKE A REFERRAL?**

All referrals for behavioral support can be initiated by contacting the Metro Crisis Coordination Program at 612-869-6811 or by visiting [metrocrisis.org](http://metrocrisis.org).

**HOW ARE SERVICES FUNDED?**

Services are funded through the referring county. MCCP services are available to all individuals with a qualifying intellectual developmental and/or other disability who are the financial responsibility of the seven-county metro area. Individuals with mental health needs can also access our services if they receive funding through a CADI Waiver.

**WHAT ARE OUR GOALS?**

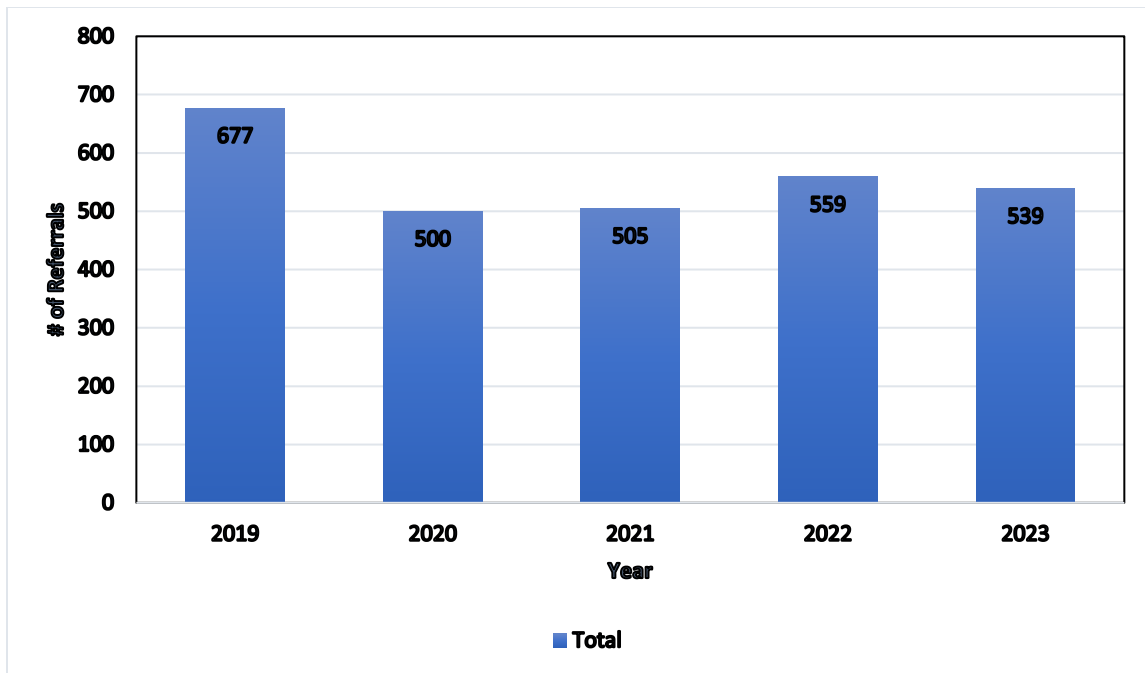
- To prevent crises affecting residential, work and/or educational placements.
- To provide timely behavioral consultations and assessments.
- To operate in conjunction with existing services.
- To reduce the need for psychiatric hospitalizations resulting from behavioral crises and allow people to successfully remain in the community



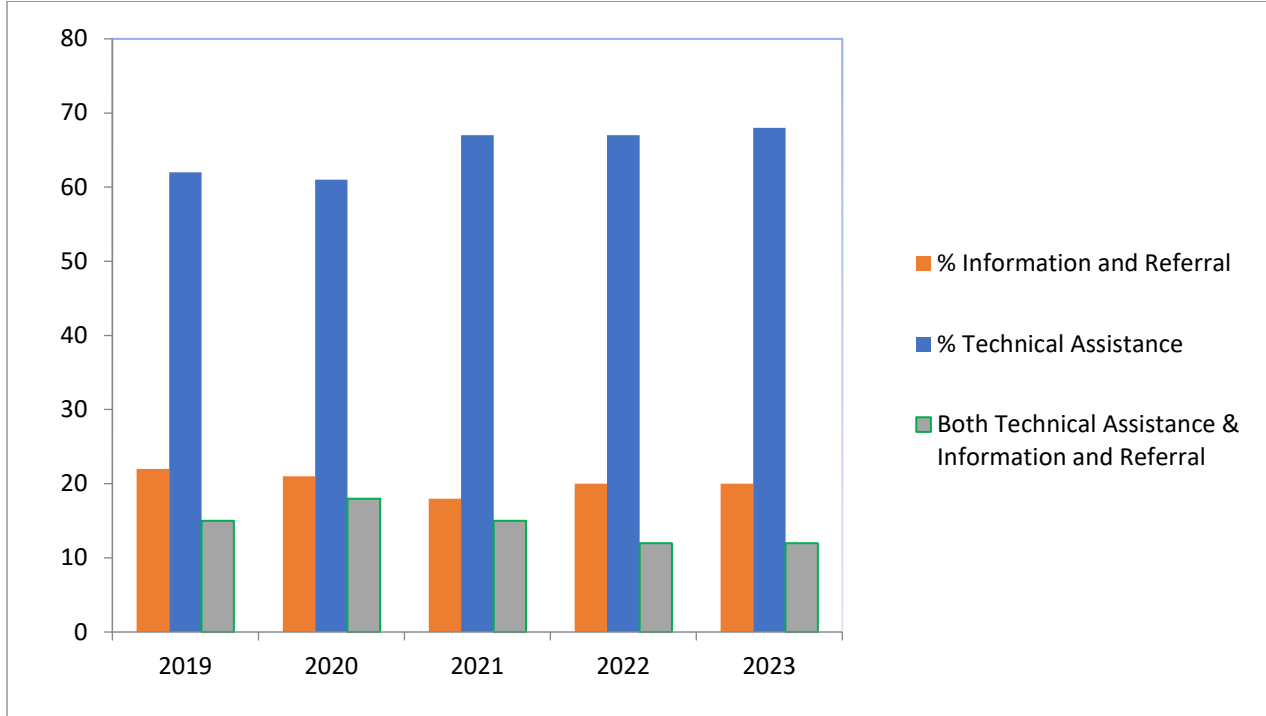
## Key Data

Data is provided bi-annually to the MRCPG, and monthly to the seven-metro county steering committee. Information supplied includes utilization data broken out per type of service: Technical Assistance (TA), Staff Augmentation (SA), Information & Referral (I&R) by county and aggregate, projected use, crisis/transition bed utilization by vendor, and individuals waiting in the crisis bed placement pool.

### Total # of IDD Referrals to MCCP 2019 – 2023



## % of Referrals by Type of Service Requested (TA Only, I & R Only, TA / I & R Combined)



A total of 539 IDD referrals were made to MCCP in 2023. 68% (365) of referrals were requests for Technical Assistance (TA). 20% (109) were for a crisis bed/Information and Referral (I&R), while 12% (65) were requests for both TA and I&R. Prevention through T.A. remains a priority as the actual cost of a 45 day stay in a crisis bed and the actual cost of a typical T.A. referral is approximately 12 to 1.

Efforts and focus continue with providing T.A. whenever appropriate and possible, including when I & R referrals are made and a bed is not immediately available. In doing so, the T.A. support can assist in helping de-escalate the behavioral crisis, prevent hospitalization, loss of placement, and at times, has diverted the need for crisis placement.

## Outcome of Requests for Both TA and I&R Referrals

	Referrals requesting both T.A. and I & R at time of referral	Cases concluded within the year <u>without</u> utilization of crisis bed placement	Cases concluded within the year <u>with</u> utilization of crisis bed placement
<b>2019</b>	103	87 (84%)	16 (16%)
<b>2020</b>	90	76 (84%)	14 (16%)
<b>2021</b>	75	51 (68%)	24 (32%)
<b>2022</b>	69	52 (75%)	17 (25%)
<b>2023</b>	65	42 (66 %)	23 ( 35 %)

## Crisis/Transition Bed Occupancy

<b>Crisis / Transition</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>
<b>Home:</b>					
<b>Dakota (Adult)</b>	59%	64%	60%	83%	67%
<b>Meridian - Golden Hills (Child)</b>	92%	98%	96%	95%	96%
<b>Meridian – Edgewood (Adult)</b>	96%	96%	95%	96%	95%
<b>Meridian - Kentucky (Transition-Adult)</b>	95%	90%	98%	85%	86%
<b>Genesis (Adult)</b>	89%	95%	93%	93%	96%
<b>Wingspan (Adult)</b>	67%	96%	98%	96%	96%
<b>Snyder (Adult)</b>	94%	88%	96%	95%	86%
<b>Rudolph (Adult)</b>	88%	98%	99%	98%	99%
<b>Beacon – Wentworth (Child)</b>	97%	86%	92%	81%	49%
<b>Beacon – Blaine Terrace (Child)</b> <i>Opened 7/13/20</i>		50%	97%	60%	74%
<b>Average Occupancy of All Homes</b>	82%	86%	92%	88%	84%

## Average # of Days of Stay at Crisis Homes

<b>Crisis Homes</b>	<b>2019</b>	<b>2020</b>	<b>2021</b>	<b>2022</b>	<b>2023</b>
<b>Adult Homes</b>					
Dakota	122	124	227	929	109
Meridian Edgewood	141	196	137	344	384
Genesis	86	209	113	306	209
Snyder	114	169	144	308	210
Rudolph	108	304	202	320	139
Wingspan	82	245	161	369	282
<b>Average Length of Stay in Adult Homes</b>	109	208	164	380	227
<b>Children Homes</b>					
Meridian Golden Hills	149	297	148	195	365
Beacon Wentworth	177	412	207	572	120
Rudolph	82				
Beacon Blain Terrace <i>Opened 7/13/20</i>		103	178	188	378
<b>Average Length of Stay in Child Homes</b>	127	271	178	325	302
<b>Average Length of Stay in Child &amp; Adult Homes</b>	115	229	169	392	244